

# OPT-IN Website Application Framework

TECHNOLOGY NUMBER: 2018-448



## OVERVIEW

OPT-In Program

- Technical Application Infrastructure
- Training Materials & Content for conducting the brief intervention

## BACKGROUND

Evidence from our recently completed, CDC UM Injury Center-funded, efficacy trial indicates that emergency department patients at risk for prescription opioid overdose will reduce their level of overdose risk behaviors in response to a motivational interviewing-based intervention. In this study, participants randomized to the intervention had a 40.5% reduction in level of overdose risk behaviors, compared to 14.7% in controls. These findings are promising for addressing the gap in services for individuals at risk for overdose through a relatively low-cost, public health-oriented strategy.

However, although this study used broad inclusion criteria and was found to be applicable across a broad array of patients, the intervention was developed for a specific setting (emergency department) and with specific research-funded interventionists (master's- level therapists). OPT-IN is taking the next steps to develop tools and materials to deliver the intervention from research into clinical practice and community outreach settings.

OPT-IN is an evidence-based intervention to improve opioid safety and reduce opioid related overdoses. It is based in harm reduction and uses Motivational Interviewing to discuss these topics with clients.

If you want more information, please contact us at [UM-OPT-INProject@med.umich.edu](mailto:UM-OPT-INProject@med.umich.edu).

## Technology ID

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## Category

Software & Content

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## Learn more



## **ADDITIONAL DETAILS**

The OPT-IN program is licensed by the University of Michigan. Following completion of the licensing details you will be provided a confirmation e-mail and will be contacted by Michigan's technical provisioning partner, Logic Solutions. Logic Solutions can provision the application to you as a self-installed option (Docker Container) or will be able to provide you with hosting and related services at your option.

PLEASE NOTE: Any services agreements for infrastructure provisioning or associated services of the OPT-In program are independent of the University of Michigan and executed via a separate and independent agreement.