



# Pickleball Participation Motivation Scale (PPMS)

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## OVERVIEW

Measure pickleball participation motives through a validated psychometric instrument.

- Enhances tailored programming and marketing based on participant motivations
- Applications in wellness, recreation, sports marketing, and community programming

## BACKGROUND

Pickleball has grown exponentially over recent years, appealing to diverse age groups across various communities. Traditionally, understanding why individuals gravitate towards sports like pickleball relied on general surveys and qualitative methods. These approaches often lacked standardization and precision, leading to suboptimal insights into participants' true motivations. Methods emphasizing generalized feedback overlooked nuances critical for engagement and retention. As communities invest in expanding pickleball facilities and programming, a more systematic approach to understanding player motivations is essential. The need to align programming and marketing with these motivations is critical for fostering lasting participation and satisfaction. Existing technologies fail to capture the multifaceted reasons behind participation, such as fitness, social interaction, or competition, necessitating a sophisticated tool that can provide deep insights into participant motives.

## INNOVATION

The Pickleball Participant Motives Scale (PPMS) offers a sophisticated and validated approach to unveil the core motivations of pickleball enthusiasts. By employing a psychometric instrument specifically designed for pickleball, PPMS provides a nuanced understanding that surpasses traditional surveys' capabilities. This scale captures diverse motivations, ranging from fitness and stress relief to social connection and competition. Real-world applications are vast, with wellness programs using PPMS data to tailor fitness regimes and social activities, and Parks and Recreation departments designing programs that cater to local desires. Additionally, equipment manufacturers can develop products that align with user preferences, improving player satisfaction and market reach. Commercial and nonprofit entities can optimize offerings based on motivational insights, crafting community-building initiatives that resonate with participants' specific profiles. This innovative tool enhances engagement, retention, and overall satisfaction in the rapidly growing sport of pickleball.