



Trauma Informed Care Grade (TIC Grade)

TECHNOLOGY NUMBER: 2020-157



OVERVIEW

First-ever client/patient tool for youth to evaluate trauma-informed care in social and healthcare service settings

- Foundationally-built on the theory, best practices and principles guiding how organizations can successfully deliver trauma-informed care to youth and/or adults
- Co-created with the youth the tool serves for readability/comprehension and to ensure non-triggering while completing the evaluation

BACKGROUND

The Trauma Informed Care Grade Evaluation (TIC Grade) is a 20-question tool that social and healthcare service delivery organizations and providers can use to assess their clients' perceptions of the quality of trauma-informed care provided. The TIC Grade Evaluation can also be used as a pre- and post-measure of progress when planning to implement a trauma-informed care program to compare patient assessment of TIC services before and after implementing staff/provider TIC training.

The TIC Grade Evaluation is divided into sections. The first 16 questions assess how well the staff are addressing the practices and principles of trauma informed care. The 17th question provides an overall "grade" on how well the staff are providing trauma-informed care. The last 3 questions provide information on the client's experience of trauma.

The TIC Grade was developed using SAMHSA's definition of trauma-informed care and refined with input from youth from community organizations. It has been tested with adolescents and emerging adults and psychometric analyses support the TIC Grade's reliability and validity. It may be useful with children and adults as well.

Technology ID

2020-157

Category

Content
Software & Content

Inventor

Cynthia Darling-Fisher
Dana Beck
Julia Seng
Laura Sinko
Nicole Boucher

Further information

Tina Suntres
tsuntres@umich.edu

Learn more



This evaluation instrument can be filled out on paper or via an online evaluation. An Excel macro is available for scoring.

ADDITIONAL DETAILS

- Is designed for use in research and/or evaluation of trauma-informed care delivery in clinics/practices
- Offers a single-question "grade" which strongly correlates with the full battery of questions for ease of use/convenience in practices
- Includes an Excel macro for ease of tabulating results

Questions: For questions on the use of the TIC Grade or scoring evaluation, you may contact:

Dr. Nicole Boucher PhD, RN CPNP at nbouche@med.umich.edu

Related Information: The TIC Grade was developed by faculty in the University of Michigan School of Nursing CAsCAid Research Group, our doctoral students, and our Community Youth Advisory Board. Additional information on the CAsCAid Research Group and on their trauma-informed care research and training can be found at the CAsCAid website.

Researcher Biographies:

[Nicole Boucher](#): Phd, RN, CPNP

[Cynthia Fisher-Darling](#): PhD, FNP-BC, FAANP

[Julia S. Seng](#): PhD, CNM, FAAN

*** Key Licensing Information ***

ACADEMIC RESEARCH EDUCATION USE LICENSE: This license is for academic research users only. Use of this license requires authorization. Please complete the authorization request form that appears after selecting the "Order now" button below. Requests must be made from a valid academic domain email address (.edu or equivalent) and must include a description of the nature of your study and research objective in the notes section of the form. Failure to provide this information will result in the denial of your request.

PLEASE NOTE: If you are a Non-Profit/Cause based organization and have an economic need-based situation that prohibits you from being able to pay the listed licensing fees, please contact us via the CONTACT link at the top of the page. We are happy to accommodate need-based licensing fee waivers and will consider all such requests promptly and in good faith. Your support is appreciated and the primary goal of the CAsCAid Research Group is to promote the use, adoption and impact of this work for the benefit of the public.

References

1. Sinko L, Beck D, and Seng J. , Developing the TIC Grade: A Youth Self-Report Measure of Perceptions of Trauma- Informed Care. 2020. Journal of the American Psychiatric Nurses Association, 107839032090652.
2. Boucher N, et al. , Psychometric Evaluation of the TIC Grade, a self-report measure to assess youth perceptions of the quality of trauma-informed care they receive. Journal of American Psychiatric Nurses Association, 1078390320953896.